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## FOR IMMEDIATE RELEASE

### Cancer Support Community of Greater St Louis celebrates 30<sup>th</sup> Anniversary

St. Louis, MO. (June 1, 2023) — [Cancer Support Community of Greater St. Louis](http://www.cancersupportstl.org) (CSCSTL) is celebrating 30 years of offering free programs and services to people impacted by cancer in our community. Since 1993, CSCSTL has offered professionally led support groups, educational workshops, healthy lifestyle classes, social opportunities, and resources, all at no charge, to those looking for hope and support. CSCSTL is exclusively funded by donations from individual donors, corporations, foundations, and events.

Join us on June 8, 2023, for an open house birthday party from 3pm-7pm and get a taste of the FREE programs CSCSTL has to offer. There will be a CSCSTL cancer informed cooking instructor providing light appetizers while demonstrating a sampling of a nutrition program, an art therapist with a healing arts project, and a yoga instructor talking about the ways our movement classes are tailored to our cancer population.

#### Event Information:

**Date:** Thursday, June 8, 2023  
**Time:** 3pm – 7pm  
**Location:** Cancer Support Community of Greater St. Louis  
(1058 Old Des Peres Road, St. Louis, MO 63131)

More information is available at <http://www.cancersupportstl.org/events/30th-birthday>.

**Cancer Support Community of Greater St. Louis (CSCSTL)** is a non-profit organization whose mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. All programs are offered at no charge in a comfortable, home-like environment. Cancer Support Community offers **professionally led support groups, educational workshops, nutrition and exercise programs, and stress-reduction classes to empower and educate individuals affected by cancer.** For more information, visit [www.cancersupportstl.org](http://www.cancersupportstl.org) or call 314-238-2000.